

## **Birmingham Swifts LGBT Runners**

### **Committee Meeting Agenda, Tuesday 24<sup>th</sup> May 2022, 19:30 – 20:30.**

- Ian (IB) – Chair
- Alexander (AB) – Club Secretary
- Dean (DW) – Treasurer
- Kristian (KG) – Race Secretary
- TP (TP) – Inclusion & Welfare Officer
- Darren (DT) – Media Secretary

## **AGENDA**

1. Welcome and apologies.
2. Review March meeting minutes. (AB)
3. Feedback on actions from previous minutes. (AB)
4. Split/paced runs. (DW)
5. Running vests. (DW)
6. Pride Run. (IB)
7. Memberships. (AB)
  - Update on policies, code of conduct, and monitoring.
8. AOBs
9. Date of next meeting.

## **MINUTES**

1. Welcome and apologies.

Apology from TP.

2. Review March meeting minutes. (AB)

Minutes accepted without issue.

3. Feedback on actions from previous minutes. (AB)

(AB) All promo and event actions completed, any other actions that have not are covered by further agenda points.

4. Split/paced runs. (DW)

(DW) Following on from the Run Leader meeting there is a proposal for splitting some Thursday runs into a longer run at a slightly faster pace (approx. 10km in 1 hour) and a run at the usual distance and pace (approx. 7km in 1 hour). These will be trialled 5 times and will be twice a month during the trial. This has been arranged and is ready to roll out.

(KG) Request to send out a survey at the end to see how this is received.

(DT) confirms that this had been planned too. To be planned at the next committee meeting.

#### 5. Running vests. (DW)

(DW) Noted that there was a request for an XXL vest, but these have run out.

(IB) With the current stock levels in other sizes it's difficult to justify ordering more for now. Purchasing vests will be encouraged around kit night in the summer and if enough sell we can investigate ordering a new batch. (DW)

**[DT to arrange for photos of the kit on a more diverse range of body types than our existing material.]**

**[All committee to promote buying kit.]**

#### 6. Pride Run. (IB)

(IB) Is happy with the planning needed to organise a "Pride Run" but is not convinced we would be able to find enough volunteers to run it smoothly.

(DT) Considers that we have a good relationship with other local running clubs that we would likely be able to reach the required volunteer number with their assistance.

(IB) Has spoken to another club who have run events around a parkrun so that there is a lot less planning and organisation needed for a first event (essentially an extra special parkrun takeover).

(AB) Voices support for this idea, suggests we do this smaller one this year and look at doing something bigger around pride weekend next year as it will be in May and have better weather, as well fewer competing events.

(DT/Various) May 2023 will be after the next AGM so would potentially drop lots of work on incoming committee members.

(AB) Suggests starting a sub-committee to work on Pride Run (both this year and next) which will run alongside the sitting committee and will be unaffected by any changes of roles. General agreement.

Dates discussed amongst committee; 27<sup>th</sup> August pencilled in pending coordination with parkrun.

**[IB to communicate with parkrun.]**

**[IB to arrange sub-committee.]**

#### 7. Memberships. (AB)

- Update on policies, code of conduct, and monitoring.

(AB) has not managed to finish updating policies. Action to continue.

**[AB to update policies and code of conducts. Feedback at the next meeting.]**

#### 8. AOBs

- Kit Night. (IB)

(IB/Various) It has been 2-3 years since the last kit night. Discussion held regarding date alongside other events mentioned in this meeting. 27<sup>th</sup> August proposed to coincide with the "Pride Parkrun" mentioned previously.

- BBQ. (IB)

(IB) Summer BBQ proposed.

(AB) pointed out this has often coincided with the end of a couch to 5k program.

(Various) Dates discussed around this point. 10<sup>th</sup> July has been proposed and will need confirming with The Fox.

**[IB to speak to The Fox regarding BBQ.]**

- Wellbeing (TP via DT)

(TP/DT) Report that the wellbeing events are going well and have been received positively.

(DT) noted alongside this to be wary of the workloads those involved in these are taking on.

(IB) Suggested making the wellbeing events every two months as there are other social events happening over the summer.

(TP) Feels able to continue planning wellbeing events at present regularity where the schedule allows.

#### 9. Date of next meeting.

Approx. one month.

**[AB to send out doodle poll.]**