

Birmingham Swifts LGBT Runners

Committee Meeting Minutes, Tuesday 22nd Feb 2022, 18:00 – 19:00.

- Ian (IB) – Chair
- Alexander (AB) – Club Secretary
- Dean (DW) – Treasurer
- Kristian (KG) – Race Secretary
- TP (TP) – Inclusion & Welfare Officer
- Darren (DT) – Media Secretary

AGENDA

1. Welcome and apologies.
2. Review AGM minutes. (AB)
3. Additional running ambassadors. (IB)
 - Push for diversity in ambassadors particularly BAME and female.
4. Pride Run (IB)
 - Plans, deadlines, requirements.
5. Diversity sub-committee (TP)
6. AOBs
7. Date of next meeting.

1. Welcome and apologies.
 - All present, no apologies.
2. Review AGM minutes.
 - All happy with the AGM minutes, these can be agreed at the next AGM.
3. Additional running ambassadors.
 - (IB) Briefly an issue last year with a temporary shortage of run leaders, not so much now but it's useful to have more ambassadors. It would be useful to have official list (as people are already doing it) so run leaders know who they can call upon. We should actively seek BAME ambassadors with a view to this helping increase our diversity as a club.
 - (KG) Would be useful to have clarity on what that role is, make sure there's a role breakdown available for people to know what it is, and there is an opportunity for run leaders to offer training to them. A more formal approach/application may encourage diverse volunteers.
 - (DT) there is an imbalance in running (and sport in general). This was apparent at their coaching training.
 - (TP) Collating feedback from people who haven't returned to the club with a view to look at the reasons why, in order to inform action. Setting up a wellbeing event at the Loft to facilitate this and we should utilise their community board.

- (KG) Useful to set up a feedback survey to work alongside the wellbeing events for more formalised feedback and data. Also worth trying to use demographic data from the Runtogether app to look for patterns of member drop off (if possible).
- (DT) Wants to start collecting member stories and have a photoshoot around the city in order to use for publicity purposes. (Suggestion of a Swifts calendar too!)
- (DW) If we get a good selection of ambassadors there is the option to pair new runners with an ambassador when they join to help welcome them to the club.

TP to action feedback survey with DT.

DT to action Facebook post regarding ambassadors.

AB to work with DT to include this in the newsletter.

4. Pride run

- (IB) Initial information: Has looked at venues, Cannon Hill Park is expensive. Moonlit Park and Sunset Park may be cheaper but would rely on running on the pavement. Pride House have offered support planning and IB has advice from other Fronrunner groups from their planning.
- Debate about the date to hold it. IB suggests Friday of Birmingham Pride, AB points out that people are likely to be busy that weekend and may affect attendance. IB Pride weekend has lots of visitors. DT asked for clarification as to who it is for (local and smaller, or national and bigger) and IB replied with smaller (up to 250 people).
- (DT) Suggests making a plan with a date in mind, agreement that for now we will be looking into the Friday of Birmingham Pride and take it from there.

IB to action collating all the data he has so far and sending it to committee for us to all to review.

KG to utilise a connection with Lawrence Barton for support.

5. Diversity sub-committee (TP)

- (TP) A lot has already been discussed in the previous motions, and those mentioned (e.g. wellbeing events) are enough to be going on with. Has been hosting "Beyond couch to 5k" sessions as the last couch 2 5k are struggling with Thursdays.
- (KG) Moseley Shoals have a multiple events through the week, some are paced. We could consider something like that.
- (AB) We could split a Thursday run into a 5k relaxed pace and a 7k run as we are already regularly splitting into two groups due to numbers.
- (IB) Suggestion to look to offer a split run in the next few weeks as an attempt to trail something, and take it from there.

TP to action wellbeing events.

6. AOB

- (DT) Possibility to offer coaching in future weeks now they've both qualified. Possibility to make training videos too to help members develop.
- (TP) The next Couch 2 5k will be soon as there is a list of people wanting to take them.
- (IB/TP) No plan to return to using the LGBT centre as they aren't hosting groups currently. We might explore areas to warm up nearer than the pagoda.
- (DT) Working with Andy at The Fox to get something up regarding their sponsorship of the club. Also wants to highlight the growth of the club recently and say that it's a good sign.

7. Date of next meeting

- Within the next month because Pride Run will take a lot of planning.

AB to send out doodle poll

Close of meeting