

Code of conduct – Starting Out Group (from July 2019):

- As a responsible participant of the Birmingham Swifts LGBT Running Club Starting Out Group, I will:
- Respect the rights, dignity and worth of every member of the group and treat everyone equally, regardless of sexuality, race, gender, ability, religion, culture or age;
- Cooperate fully with others involved in the group such as coaches and run leaders, in the best interests of myself and other participants;
- Anticipate and be responsible for my own needs including being organised, having the appropriate equipment and being on time;
- Inform the coach or run leader of any injuries I may be suffering from;
- Appreciate that run leaders, coaches, officials and Birmingham Swifts committee members are acting on a voluntary basis.
- Act with dignity and display courtesy and good manners towards others both, whether or not they are a member of the Starting Out Group, Birmingham Swifts, or other community members;
- Avoid swearing and abusive language, including: racial, sexual or religious slurs or any other terminology that may cause offence.
- Avoid irresponsible or dangerous behaviour including acts of violence, physical, verbal and sexual abuse, bullying, intimidation and harassment;
- Challenge inappropriate behaviour and language by others, either directly or by reporting it to the coaches, leaders or Birmingham Swifts committee;
- Never engage in any illegal behaviour;
- Avoid destructive behaviour and treat venues with respect;
- Not carry or consume alcohol and/or illegal substances;
- Avoid carrying any items that could be dangerous to myself or others, excluding athletics equipment used in my athletics activity.