

## **Birmingham Swifts members (Athletes) Code of conduct (from July 2019):**

**As a responsible athlete and member of the Birmingham Swifts, I will, during club events, while representing the group or in situations where I may be associated with the club:**

- Respect the rights, dignity and worth of every member of the Birmingham Swifts and others involved in athletics, and treat everyone equally, regardless of sexuality, race, gender, ability, religion, culture or age;
- Be aware that I represent the Birmingham Swifts and not bring the club into disrepute;
- Uphold the same values of sportsmanship off the field as I do when engaged in athletics;
- Ensure I uphold the values of the club and promote inclusivity and a supportive environment that encourages all new, returning and established members to participate without concern or fear for their mental, physical or social, wellbeing, welfare and safety.
- Avoid any language which may be perceived as offensive on any grounds, including but not limited to: stereotyping, racism, sexism, ageism, homophobia, transphobia and intolerance.
- Cooperate fully with others involved in the sport such as coaches, run leaders, technical officials and representatives of the governing body, in the best interests of the myself and other athletes;
- Consistently promote positive aspects of the sport and never condone rule violations or the use of prohibited or age-inappropriate substances;
- Anticipate and be responsible for my own needs including being organised, having the appropriate equipment and being on time;
- Inform my coach or run leader of any other coaching, that I am seeking or receiving, or of any injuries I may be suffering from;
- Appreciate that run leaders, coaches, officials and Birmingham Swifts committee members are acting on a voluntary basis.
- Advise committee (Welfare) of any relationship or personal connection with existing leaders, coaches or members, prospective or established that may lead to conflict, mental distress or anguish within the club and work with the club officials to resolve this.

- Accept that if failing to uphold the Code of Conduct, members may be asked to cease participation by the club officials, especially if there is a failure to moderate behaviours after discussion with officials.

**When participating in an athletics event, including a training/coaching session or competition, I will:**

- Act with dignity and display courtesy and good manners towards others both, whether or not they are a member of the Birmingham Swifts;
- Avoid swearing and abusive language.
- Avoid any intimidation of any other members through any actions or words.
- Avoid irresponsible or dangerous behaviour including behaviour, including acts of violence, physical and sexual abuse, bullying, and harassment;
- Challenge inappropriate behaviour and language by others, either directly or by reporting it to the Birmingham Swifts committee;
- Never engage in any inappropriate or illegal behaviour;
- Avoid destructive behaviour and treat venues with respect;
- Not carry or consume alcohol to excess and/or illegal substances;
- Avoid carrying any items that could be dangerous to myself or others, excluding athletics equipment used in my athletics activity.