

Birmingham Swifts LGBT Runners

Committee Meeting, Tuesday 23rd July 2019

6.30pm – 8.30pm, Room 2, Birmingham LGBT Centre, B1 1EG

Present: Jay Lamb – Chair (JML); Barry Cassidy – Club Secretary (BC); Ian Bush – Treasurer (IB); Mark Gilliland – Inclusion & Welfare Officer (MG)

Apologies: David Waters – Race Secretary (DW); Anil Sohal – Media Secretary (AS)

AGENDA

1. **Welcome**
2. **Apologies** – DW sent in advance as currently abroad. AS contacted JML to inform would not be coming
3. **Agree minutes of last meeting** – Proposed by MG, seconded by JML
4. **Roles update**
 - o Chair.
 - Point of contact with new members – not as many emailing recently but Starting Out have been coming through that. 19 individuals spoke, 10 have started
 - coaching@ inbox set up
 - Tweet on behalf of the club, need to keep an eye to tweet, reply, favourite etc.
 - Starting Out group, promoting through the Hospital LGBT forums has worked
 - Amended code of conduct for new members and starting out group
 - Liaising with coaches
 - Getting people to look at Team App, to be discussed later
 - Maintaining link with run leaders through Whatsapp group
 - Transferred two members to new affiliated clubs
 - Need to confirm rainbow laces event dates
 - Ensure meetings take place sooner
 - Newsletter needs to be sent out more
 - o Treasurer.
 - Accounts submitted and discussed
 - Let members know what is happening with race tops – **ACTION for IB**
 - o Secretary

- Birmingham Pride parade entry went very well and had good Swifts attendance. Managed to get some new people join us from groups following us in the parade
- Need to send activity figures to LGBT centre – ACTION for BC to send data to James Warton. Currently averaging 20 runners per week.
- Ensure that all people on the database are added to the mailing list – ACTION for BC

o Race Secretary.

- Report due from DW (currently out of the country)
- Searching for a local event in September in addition to GNR

o Media Secretary – no report and absent from meeting

o Inclusion & Welfare officer:

- Setting dates for three Swifter events
 - o Bisexual Day 23rd Sept – 25th potential run to highlight this
 - o 8th October – International Lesbian Day 10th potential run to highlight
 - o Transgender Awareness week 2nd week November, 21st Transgender Remembrance Day
 - o How can we promote these to group/social media? – ACTION ALL
- Streamlining inclusion of new members
 - o Great idea if there was a formal welcome to Swifts event (Parkrun is the graduation event) – how do we get them from Parkrun to Weds night? 17th August is graduation – BBQ potentially on Sunday 18th?
 - o Could we tie in with BBQ – welcome to new members event?
 - o Standard Thursday night run using coaches from Starting Out and make it a smaller 6K run and promote it as an event
 - o Run leaders promoting new runners at the event – encourages people to talk and build atmosphere at the run. Carry on doing this on Thursday nights and asking run leaders to keep doing this
- Visibility Social Event

- Go out on scene wearing running gear – night out in running kit. Agreed great idea – work on a date to do this 31st August: **ACTION: BC to co-ordinate**
- Updated on the Meetup advert with Thursday details
- Visiting Starting Out Group to build link between this group and the Thursday night run
- Organised female volunteers to join Pride Parade
- Researched visibility events
- Dealing with ongoing welfare issue
- Reached out to Marion to become a run leader in order to increase female visibility

5. **Run leaders meeting – feedback and discussion**

- Discussed routes, review of run leaders survey
- Preferred routes Vale and Bristol Road/Pershore Road routes
- Agreed good idea to display routes on FB before the run
- Keep a variety of routes
- Lift and shift minutes from meetings
- Try and encourage another 1/2 run leaders to join, maybe informal run assistant?
Feedback to running leaders group

6. **Review of Code of Conduct, Members, Leaders, Starting Out**

- Drafted Starting Out CoC drafted by JML – **ACTION MG to review and provide feedback**
- Updating the other codes of conduct, committee to look and check happy with changes
- Codes will only apply during members events, running or events where members are representing the club

7. **Events**

a) **Pride 10K – 10th August**

- 27 signed up on Swifts event, can we confirm that all have signed up to run?

b) **Great North Run – 8th September**

- 9 people signed up for event

c) **Birmingham Half Marathon – 13th October**

- Need to make big play of this to promote the club
- Big event after at the Fox – speak to Andy

- Celebration event about what people have achieved – achievements that everyone can do, not necessarily about fastest times etc – tie it into Swiftember?
 - d) **Summer BBQ** – 18th August – **ACTION: BC to speak with Andy**
 - e) **Fundraising events for Swifts/Birmingham LGBT**
- Birmingham Half marathon, do we want to promote it as a fundraiser?

8. **Website and Team App**

- MG/IB to review website to make changes
- Certain things can only be behind a log-in in order to hide private stuff i.e. event location/meetup points
- Want info to go on website, Facebook and Twitter but only want to make one post; plug ins exist
- JML to forward website details to IB

9. **Access to Facebook closed group**

- Should be reviewed by AS to review
- Should closed group only be accessible to those who have been for at least one run
- IB to set post on group to ask those who wish to remain to indicate this, all others will be kicked out

10. **VMLM 2020 club place – criteria and selection process for ballot**

- Push back to next meeting

11. **Yoga/ Physio/ Rehab/ Mindfulness**

- Push back to next meeting

12. **Facilities**

- JML to chase contract with LGBT Centre and access to upstairs toilets and vault for other things: **ACTION**

13. AOB

- Standing agenda items – inclusion, women and trans feedback, feedback from races/events
- Objectives for rest of the committee term, bring to the next meeting – Jay to send out
- Bouldering social event – **ACTION: JML to investigate around October time**
- Race feedback, try and encourage runners to write a report after run and try and push people towards this but avoid posting things that lead to competitiveness
- Reach out to London Frontrunners to link up before run (check with DW)
- Check DBS records on new run leaders, most due in 2020 – **ACTION: BC to review**
- Nov to April, do we offer half year affiliation for £15? Add to agenda for discussion next meeting
- Idea of organising a race at some around Birmingham Pride 2020. Share this with run leaders now to try and promote. Ian to speak with Newcastle Frontrunners in order to find out pros and cons. Also to discuss with Tommy H

14. Date/Time of next meeting

- Aim for next meeting in 6 weeks
- **ACTION: BC to send out Doodle poll to group to agree next date**